

Ingleton Primary School Menu

Summer Term 2019

	Week 1 Served w/c: 29/4, 20/5, 17/6, 8/7	Week 2 Served w/c: 6/5, 3/6, 24/6, 15/7	Week 3 Served w/c: 13/7, 10/6, 1/7, 22/7
Monday	Margarita Pizza Jacket Potato Peas & Coleslaw ***** Chocolate & Vanilla Marble Sponge & Custard Yoghurt or Fresh Fruit	Macaroni Cheese Broccoli & Sweetcorn 50/50 Bread ***** Summer Fruit Crumble & Custard Yoghurt or Fresh Fruit	Organic Beef Burger in a Bun Chipped Potatoes Peas & Sweetcorn ***** Chocolate Muesli Krispie Yoghurt or Fresh Fruit
Tuesday	Chicken Korma & Rice Broccoli & Cauliflower Naan Bread ***** Yoghurt or Fresh Fruit	Nacho Beef Bake Grated Carrot & Tomato Salsa Potato Wedges ***** Yoghurt or Fresh Fruit	Chicken & Vegetable Fried Rice Broccoli & Carrots Herbie Bread ***** Yoghurt or Fresh Fruit
Wednesday	Beef Lasagne Green Beans & Sweetcorn Garlic Bread ***** Arctic Roll & Peaches Yoghurt or Fresh Fruit	Roast Chicken, Stuffing & Gravy Sweet Potato Mash Green Beans & Cauliflower Sliced Wholemeal Bread ***** Banana & Ice Cream Boat Yoghurt or Fresh Fruit	Minced Beef Cobbler Summer Cabbage & Sweetcorn Sliced Wholemeal Bread ***** Summer Berry Sponge & Custard Yoghurt or Fresh Fruit
Thursday	Chicken Enchiladas Potato Wedges Green & Mixed Bean Salad ***** Peach Crisp Yoghurt or Fresh Fruit	Sausage in a Bun Chipped Potatoes Mixed Salad with Apple Coleslaw ***** Rice Pudding & Mandarin Oranges Yoghurt or Fresh Fruit	Honeyed Pork with Rosy Apples Brown Rice Green Beans & Carrots Apricot & Seed Bread ***** Cheese & Biscuit with Grapes Yoghurt or Fresh Fruit
Friday	Fish Finger Sandwich & Tomato Ketchup Peas Carrot & Orange Salad Chipped Potatoes ***** Fresh Strawberry/Fruit Cream Scone Yoghurt or Fresh Fruit	Breaded Salmon Fillet Tomato Sauce New Potatoes Broccoli & Rainbow Salad Sunflower Seed Bread ***** Date Flapjack & $\frac{1}{4}$ Orange Yoghurt or Fresh Fruit	Battered Fish Vegetable Sticks Diced Potatoes Sliced Wholemeal Bread ***** Tropical Fruit Crunch & Natural Yoghurt Yoghurt or Fresh Fruit